

FANCY YOURSELF AS A CHEF?

TAKE OUR QUIZ TO SEE HOW YOU DO.



Got a passion for food and cooking? With the ability to work under pressure? Take our quick quiz to test your knowledge!

1. What is the main reason why meat is marinated?

- a) to change the colour or appearance
- b) to tenderise and add flavour
- c) to disguise gone off meat
- d) to change a meat dish

2. What does a la carte mean?

- a) everything on the menu is individually priced
- b) the food comes on a cart
- c) dinner is served with complimentary ice-cream
- d) the menu has been designed by a chef

3. What herb is pictured below?



- a) oregano
- b) thyme
- c) rosemary
- d) coriander

4. What is mirepoix?

- a) a bundle of herbs tied together with string
- b) a mixture of onion, celery and carrot
- c) a mixture of chopped mushrooms and shallots
- d) cooked butter and flour used to thicken sauces

5. What 4 things encourage bacteria to grow?

- a) light, heat, food, water
- b) sugar, salt, warmth, moisture
- c) food, warmth, time, moisture
- d) dark, dry, cool, time

- 6. How can curdled Hollandaise sauce or fresh mayonnaise be rectified?**
- a) by adding butter
 - b) add a little hot water
 - c) increasing the temperature
 - d) by whisking more
- 7. How is something cut if it is julienned?**
- a) thin sticks
 - b) tiny cubes
 - c) thin rounds
 - d) pulped
- 8. What is the purpose of ginger served with sushi?**
- a) to cleanse the palate
 - b) to use as an optional topping
 - c) to be added to soy sauce
 - d) to help digestion
- 9. What does “sous-vide” mean?**
- a) it is a type of beef cut
 - b) it's a method of cooking where food is placed in a plastic pouch and cooked low
 - c) it refers to a special marinade for meat or fish
 - d) it's a method of cooking where food is quickly seared
- 10. What cooking method gives us a crispy exterior on steak?**
- a) flash freezing
 - b) sous-vide
 - c) julienning
 - d) searing

answers: 1b, 2a, 3c, 4b, 5c, 6b, 7a, 8a, 9b, 10d

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